

SHIFT Happens

'Life always gets harder toward the summit – the cold increases, the responsibility increases'

Friedrich Nietzsche

SHIFT Happens is providing leaders the opportunity to take time out of the daily business activities to reflect on their own leadership journey and effectiveness to date. Combine that with a focus and tools on how to be a successful leader in a 'VUCA' world. This one day workshop encourages participants to make the SHIFT (Silence, Health, Insight, Focus and Thinking) in their leadership style. They will leave the session with new leadership tools and an action plan to make the SHIFT.

Learning Objectives:

At the end of the programme, participants will:

1. Have examined their personal story and discover their motivations to become an effective leader
2. Identified what is working for their leadership style and where there is room for improvement based on your 360 Feedback Survey
3. Learn, experience and practice key leadership tools to assist in the leadership journey
4. Build an Action Plan to SHIFT to the next level
5. Commit to making change and supporting each other

Programme Format

SHIFT Happens is typically delivered in a two day classroom format, with 2 x 2hour follow-up face to face / remote sessions every 60 days to track progress. Participants are encouraged to sign up for the 6 months programme to get the best return on their investment.

Methodology

This interactive programme is built around facilitator inputs, plenary discussions, group work, videos and reflective exercises. Skill-building, experimental and participant-centric learning methodologies are utilised throughout the programme. Participants will have ample opportunity to explore the content from various angles in order to develop their leadership capability and personal growth.